
FRONT COVER:

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Foreword

The best way to be able to develop one's greater spiritual connection can actually be discovered through examining the way that greater connections are created in general. Connecting with your spirituality is something that you cannot do in a day or in an hour; it is something that requires patience, time, consistency, effort and self-discovery. Get all the info you need here.



Empowered Spirituality Bible

Everything You Need To Know To "Truly" Connect With
Your Spirituality

Chapter 1:

Intro

Synopsis

There are many people who erroneously think that they are actually alone in this world – as a matter of fact, all of us are made up of halves; every individual living in this world, no matter what your belief is, has another half who is in existence in the world of spirits. Even though you cannot see it or even sense your other half, bear in mind that you're just one-half of a big whole.



The Basics

The meaning of spirituality means different to every individual. It actually has various meanings depending on the person. For some people, spirituality is all about participating in an organized religion, attending church activities and going to a mosque, synagogue, church, etc.

For some other people, spirituality means something that is personal. Some individuals are getting in touch with their spiritual side by means of prayer, meditation, yoga, a quiet reflection and even long walks in a solemn place.

Whatever you believe and even think truthfully essentially becomes the life's reality in time. Mental repetition and constant meditation of even the same thought, whether positive or negative programs the human mechanism in order to behave and act in accordance to their thought.

Your spiritual journey is actually not a circus and all situations stem from the thinking pattern of all people and in time, their thoughts become reality. Whatever it is that happens in your life is reflecting your thought pattern, so you have to work on yourself. Lift the negative thinking and the heaviness.

Clear all your baggage in life that seems to make things in your life even harder. Remember that clarity always lead to purity and your

purity will lead to divinity. Spirituality is not always considered to as philosophy or a religion.

Spirituality is not a matter of debates, discussion or even convenience. It is actually own personal reality and our way of being able to relate to truth.

Spirituality is an important path of being able to go through life truthfully.

Spirituality is a spiritual way of growing and living towards the new and the next lead of growth and development and a way towards self-development.



Chapter 2:

Why People Have No Faith Today

Synopsis

Faith is actually one of the strangest and strongest emotions of people. Faith is really important for us to grow our spirituality. Faith is mostly defined as the belief at something that doesn't rest on material evidence or on logical proof. Thereby, the source of faith lies not within the human mind that always require evidence and logical explanations, but it lies on the “sixth sense” or “intuition” as well as “gut feeling” that always seem to have no any reason at all.



Losing Faith

Faith is synonymous to trust, however the degree of the latter is even much higher as compared to faith. Trust is mostly recognized with every person whereas faith contains much wider range or spectrum and this may include inanimate creation of human such as religions, principles, etc.

Therefore, thinking through its definition, faith appear as an opposite to science since the very foundation of science is always laid on material or tangible evidence and logic.

Faith is also an emotional state of an individual that uses intuition in order to believe on others or something that you cannot see instead of seeking for proof or evidence. Faith is about believing into something that you cannot actually see. It is believing that something is present even with no tangible evidence is present.

Because of the real nature of faith, many people refuse to believe at some things that they can't see or feel. One of the main reasons why many people are being so unfaithful these days is due to fact that they are searching for material evidence or tangible proofs. They refuse to believe because they cannot see it and there will be no one who can manifest the truthfulness of everything.

In today's life, everything seems to be defined by science; that everything in this world has a scientific reason; that the world was not

created by someone. When people got sick and die, it is not because it is their time to die but because their body becomes so weak or the doctors weren't good enough to heal that person. People have no faith today also because of science and they don't accept that there is someone superior above who has the power over everything in this world.

However, there are also some people who once believed and have been faithful, but due to their personal experiences, their faith wavered until they don't believe anymore. Oftentimes, people wonder why God doesn't bless them even when they have really been faithful to Him.

They are starting to cry out loud to God for the things they want to nothing really happen. Because of these circumstances, people start to refuse to believe. They start to think that there is no loving God who can give them the things that they want. However, you have to keep in mind that there is also a test of faith.

Faith is also about believing even though things seem to fall apart. If some things are falling apart, continue to be faithful and you will be happy and blessed.

Chapter 3:

What is True Spirituality?

Synopsis

Spirituality is an act of developing and communication with your most essential and greatest identity – you Soul.

True spirituality is a journey of self improvement and self discovery. Many people who are spiritual are starting to look within themselves to find out all intricate details of their own identities. Most of us are just living, living without any purpose.

Just wake up in the morning, do their tasks and that would be their daily routines. Spiritual people are also armed with the ever growing and increasing knowledge of who they actually are. Those individuals who are spiritually enthusiastic attempt to improve and develop on that identity since they want to make their soul even stronger.

True Spirituality

True spirituality lies in every individual because each individual has a soul. How much you are trying to connect with your soul is always up to you and how much you decide to develop your soul is likewise up to you. Bear in mind that these are spiritual acts and your own path in life is always your personal spiritual journey.

There are some people who believe that spirituality is religion, but you have to bear in mind that spirituality is actually the opposite of a religion. Religion is just the same concept for every individual who is involved in it.

A person's spirituality is always unique, and having said that, spirituality is always different for each person all over the world since our souls are at different stages and levels of development. Every individual has a deep-level weaknesses and strengths and this is the main reason why spirituality is actually not a religion.

It might be safe to say that every individual has been in a situation where they are thinking of their real purpose in this life and they also thought that they are no longer doing what they should be in their lives. It could just require some changes that they need in order to complete their life-altering changes.

It is actually our nature to doze off in the wrong path every now and then, just so we can be fully aware of our main purpose, direction and

path really is. By creating some spiritual connections to be able to get heading and redefine your path in the most perfect direction will give you an assurance that you are starting to act from your real self and not all about out of desperation to make a change.

True spirituality is sometimes one of the main aspects that can help every individual to know and deeply understand their main purpose in life.



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